## **CRESSING PRIMARY NEW MENU**

| WEEK 1  | Week commencing 3rd Jan, 21st Jan,11th Feb, 11th Mar, 1st Apr |  |  |   |                                    |  |  |
|---|---|--|--|---|------------------------------------|--|--|
|   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday                             |  |  |
| MAINS   | Breaded chicken<br>burger in a gourmet<br>bun                 | Jacket potato with<br>cheese, beans or<br>tuna | Pork meatballs served<br>with a tomatoe and Basil<br>sauce | Beef strips with Yorkshire pudding & gravy        | Birds Eye Fish Fingers             |  |  |
| ON THE SIDE   | Wedges - Corn on<br>cob                                       | Salad selection                                | Pasta:Green beans and<br>Garlic Bread                      | Crispy roast potatoes -<br>Broccoli & Cauliflower | Chips - Garden peas -<br>Sweetcorn |  |  |
| DESSERTS  | Hot strawberry jam pudding & custard                          | Tutti fruity Tuesday -<br>fruit yoghurt        | Fruity Jelly   | Chocolate & vanilla<br>mousse                     | Milk chocolate chip cookie         |  |  |
| Salad bar and bread available daily. Fresh fruit* and cheese & crackers available as alternative to dessert |   |  |  |   |                                    |  |  |

| WEEK 2  | Week commencing 7th Jan, 26th Jan, 25th Feb, 18th Mar |  |   |   |                                      |  |  |
|---|---|--|---|---|--------------------------------------|--|--|
|   | Monday  | Tuesday                                  | Wednesday   | Thursday  | Friday                               |  |  |
| MAINS   | Pork Sausages   | Jacket potato with cheese, beans or tuna | Southern fried chicken<br>chunks                  | Roast Turkey served with<br>Gravy               | Birds Eye Fish Fingers               |  |  |
| ON THE SIDE   | Mashed potato -<br>Peas & sweetcorn                   | Salad selection                          | Corn on the cob - Latice<br>fries - Diced carrots | Crispy roast potatoes<br>Broccoli & Cauliflower | Chips:Spaghetti in tomatoes<br>sauce |  |  |
| DESSERTS  | Waffle and vanilla<br>ice cream                       | Tutti fruity Tuesday -<br>fruit yoghurt  | Raspberry mousse slice                            | Apple & caramel slice & custard                 | Milk chocolate chip cookies          |  |  |
| Salad bar and bread available daily. Fresh fruit* and cheese & crackers available as alternative to dessert |   |  |   |   |                                      |  |  |

| WEEK 3  | Week commencing 14th Jan, 4th Feb, 4th Mar, 25th Mar |  |   |   |                                       |  |  |
|---|--|--|---|---|---------------------------------------|--|--|
|   | Monday   | Tuesday  | Wednesday   | Thursday  | Friday                                |  |  |
| MAINS   | BBQ Chicken  | Jacket potato with<br>cheese, beans or<br>tuna | 5"Frankfurter sausage<br>served in a hot dog roll | Roast chicken breast with stuffing and gravy                    | Birds Eye Fish Fingers                |  |  |
| ON THE SIDE   | Rice with sweetcorn                                  | Salad selection                                | Baked beans potatoe fries                         | Crispy roast potatoes<br>Broccoli & Cauliflower                 | Chips:Spaghetti hoops:<br>Garden peas |  |  |
| DESSERTS  | Hot choc-chip<br>pudding & custard                   | Tutti fruity Tuesday -<br>fruit yoghurt        | Strawberry mouse                                  | Pancake bar with<br>toppings:Fruit<br>yogurt:Sliced fresh fruit | Choc Chip muffin                      |  |  |
| Salad bar and bread available daily. Fresh fruit* and cheese & crackers available as alternative to dessert |  |  |   |   |                                       |  |  |

\*Local fruit and veg supplied by Reading's Greengrocers

A salad bar is available subject to the style of service. Some menus or items on the menu are subject to change. All desserts are suitable for vegetarians. A vegetarian option is available daily if required.



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